

# Ionia County Substance Abuse Initiative

## Coordinator's Update February 2011

### Events and News:

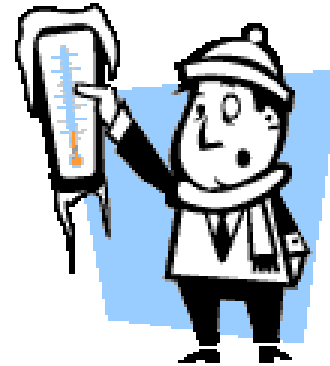
Narcotics Anonymous (NA) is a relaxed group setting for people who want to stay drug free: Support each other, cope with fears, successes, grief, etc; Learn from your own experience, as well as from others; Learning constructive things to do when you are going through hard times. NA groups take place at the Health Department on Tuesday evenings at 6:30 p.m. and Thursday mornings 10:00 a.m.

The Family Anonymous Support Group is aimed to help program participants cope with a loved one's addiction to alcohol or drugs. The group takes place Monday evenings at 6:30 p.m. at the Ionia County Health Department.

Press release and awareness in the community on: *Need Help Quitting and Through With Chew Week 2011*

Staff attended Ionia High School and Saranac High School Parent Teacher conferences. Promoted ICSAI services, programs, networked with parents and school officials.

2 participants graduated from the Tobacco Free for Good Program. The Program is a 7 sessions in 6 weeks program that assist clients to become tobacco free.



### Meetings and Reporting:

- Staff presented Behavioral Risk Factor Survey (BRFS) results to Health Plan Committee and Ionia County Board of Commissioners.
- Teen Intervene had 4 individuals participate in the program in the last month.
- Staff attended a two-day training and is now certified as a TIPS (Training for Intervention ProcedureS) trainer. TIPS is the leader in education and training for the responsible service, sale, and consumption of alcohol. Proven effective by third-party studies, TIPS is a skills-based training program that is designed to prevent intoxication, underage drinking, and drunk driving.
- Staff and workgroup member attended *How to Plan and Implement a Social Norming Campaign* training.