

Ionia County Substance Abuse Initiative

Coordinator's Update January 2011

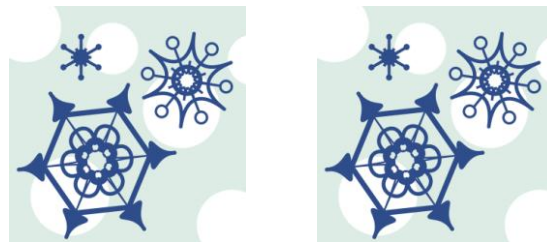
Events and News:

Staff attended the state-wide conference promoting the importance of teen driver safety. Youth from across the state attended and learn more about the teen driver safety awareness program Project Ignition. Over 95 students visited the ICSAI booth and participated in a substance abuse survey.

Narcotics Anonymous (NA) is a relaxed group setting for people who want to stay drug free: Support each other, cope with fears, successes, grief, etc; Learn from your own experience, as well as from others; Learning constructive things to do when you are going through hard times. NA groups take place at the Health Department on Tuesday mornings at 10:00 a.m. and Thursday evenings at 6:30 p.m.

The Family Anonymous Support Group is aimed to help program participants cope with a loved one's addiction to alcohol or drugs. The group takes place Monday evenings at 6:30 p.m. at the Ionia County Health Department.

Press release and awareness in the community on: *Surgeon General's Report: How Tobacco Smoke Causes Disease, Surgeon General's Report Further Supports Smokefree Air Laws, Have a Safe New Years Eve, Smoking Cessation Classes available, Have a Designated Driver in Place, Parents Who Host Lose the Most: Don't be a party to teenage drinking.*



Meetings and Reporting:

- Staff attended the Parenting Awareness Month (PAM) committee meeting.
- Submitted 1st quarter Implementation Plan narrative report, expenditure report and data system reporting Mid-South Substance Abuse Commission.
- Staff presented Behavioral Risk Factor Survey (BRFS) results to Health Department Staff.
- Teen Intervene had 3 individuals participate in the sessions in the last month.



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