

IONIA COUNTY HEALTH DEPARTMENT

Lisa McCafferty, R.S., MPH, Health Officer
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FREE if you sign up during the months of January and February

Ionia County Substance Abuse Initiative introduces a new program, Teen Intervene. Teen Intervene is a program for teenagers, ages 12-19 years old, suspected of experiencing mild or moderate problems associated with alcohol or other drug use.

Teen Intervene is administered in two or three sessions, the third being a parent/guardian session which is optional. Some of the program concepts include:

- Two individual sessions with teen
- Third session with parent/guardian
- Harm reduction
- Goal setting
- Personalized feedback/discussions
- Promoting healthy behaviors
- Taking responsibility for self-change

It is **FREE** if you sign up during the months of January and February. The fee is waived if registration is received by February 28, 2010.

For more information on the Teen Intervene Program or to make an appointment, call the Ionia County Health Department at (616) 527-5341.

Prevent Disease; Prolong Life; Protect the Environment!

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