

# Ionia County Substance Abuse Initiative

## Coordinator's Update April

**How healthy is Ionia County?** Ionia County Health Outcome Ranking was ranked 22 out of the 82 counties ranked in Michigan. A new set of reports released rank the health of nearly every county in the nation and show that much of what affects health occurs outside of the doctor's office. For the second year, the County Health Rankings confirm the critical role that factors such as education, jobs, income, and environment play in how healthy people are and how long they live. This year, the Rankings allow people in more than 3,000 counties and the District of Columbia to compare the overall health of their counties against other counties in their state, and also compare their performance on specific health factors against national benchmarks of top-performing counties. To view the full report visit [www.countyhealthrankings.org](http://www.countyhealthrankings.org).

### Save the Date!

<b>Implementation Planning Meeting</b>	<b>4/28</b>
Drug Take-Back Event	4/30
MSSAC 6 month review	5/3
Older Adult Workgroup Meeting	5/5
Prescription Drug Misuse and Abuse Training, CMH, 9-12	5/10
Juvenile Justice Meeting	5/17

### Up-coming IP Events

Prescription Drug Abuse Awareness Saranac Commission on Aging	5/2
Prescription Drug Abuse Awareness Clarksville Commission on Aging	5/9
Teen Intervene	5/17
Alcohol and Tobacco Vendor Education	



### NEW SUPPORT GROUPS!



**Nicotine Anonymous** is a Non-Profit 12 Step Fellowship of men and women helping each other live nicotine-free lives. Nicotine Anonymous welcomes all those seeking freedom from nicotine addiction, including those using cessation programs and nicotine withdrawal aids. The primary purpose of Nicotine Anonymous is to help all those who would like to cease using tobacco and nicotine products in any form. The Fellowship offers group support and recovery using the 12 Steps as adapted from Alcoholics Anonymous to achieve abstinence from nicotine. **Nicotine Anonymous will be held at the Health Department every Tuesday at noon.**



**Heads-Up** provides a chance for youth whose lives have been affected by addiction, whether their own or that of someone they know, to gain support and education. **Heads-Up will be held at the Health Department every Tuesday at 6:00 p.m.**