

Ionia County Substance Abuse Initiative

Coordinator's Update

 **March 2011** 

MDCH warns about the Dangers of New Designer Drug: "Bath Salts" are being sold across the county as crystalline powder online, at head shops, convenience stores and on the street. These are not commercially manufactured bath salts that people purchase to use the bath tub. The products are sold with names such as "Ivory Wave", "Aura", "Zoom 2", "Zues 2", "Cosmic Blast", and "White Rush." They may be snorted, ingested mixed with water, injected or inserted rectally or vaginally. These drugs contain strong stimulants that can cause increased heart rate, chest pains, dizziness, delusions, panic attacks, nose bleeding and nausea. Patients involved ingesting the chemicals can be extremely paranoid and some have been involved in homicides and suicides while under the influences. As of Feb. 4th, hospital emergency departments in Michigan have reported 18 cases related to the use of "bath salts" in the past four weeks. Many reported in the Marquette area and young adults in their 20's and 30's. For a full report visit: www.michigan.gov/mdch.

Save the Date!

Train the Trainer Workshop, Raising Teens Together, Eaton ISD	3/30
Present BRFS Results to the ICCFCC	4/11
Info and Training Meeting, Sozo's, 1:30	4/14
ROSC: Role of Prevention Training, Eaton ISD, 9-3	4/21
ICSAI Workgroup Meeting/IP Planning	TBD
MSSAC 6 month review	5/3
Prescription Drug Misuse and Abuse Training, CMH, 9-12	5/10

Up-coming IP Events

ICSAI information at the Fresh Start Festival, Ionia Armory	3/31
IP 2 nd Quarter Reporting Due	4/7
School Policies Resource Toolkit and AlcoholEDU at Juvenile Justice Meeting, CHM, 12-1	4/12
Parents Who Host information at the Belding Community Showcase, Belding High School, 5-8	4/19
Substance Abuse Awareness to Senior Citizens, COA, April	4/1



Drug Take-Back Day

Prescription Drug Abuse is a significant public health issue in our country. Because they are legal, prescription drugs are easily accessible and often kept in medicine cabinets long after they are needed, making them readily available to people who might misuse or abuse them. A recent study found that people who reported nonmedical use of prescription drugs within the past year, 70% got them the most recent time they used from a friend or relative.

One way to reduce the accessibility of prescription drugs is to properly dispose of them in a safe and environmentally friendly manner. Building on a tremendous success of the September 25, 2010 National Take-Back Day, ONDCP is partnering with the Drug Enforcement Administration (DEA), and other to hold a second National Take-Back Day on **April 30, 2011** from 10 a.m. - 2:00 p.m. at the Michigan State Police Post located at 779 W. Riverside Drive in Ionia. Additional out of sites can be found at www.deadiversion.usdoj.gov. At these events, DEA and local partners will collect potentially dangerous expired, unused and unwanted prescription drugs for destruction. The service is free and anonymous, no questions asked. Please contact the Ionia County Substance Abuse Initiative (ICSAI) if you have any questions at 616-527-5341.

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ROSC: Recovery Oriented Systems of Care

Transformation of the Substance Abuse Use Disorder (SUD) service delivery system includes developing opportunities for treatment and prevention to work together to provide pre-recovery identification and engagement, recovery initiation and stabilization, long-term recovery maintenance, and quality-of-life enhancement services.

-MSSAC 2010-2015 Plan for Transforming the Substance Use Disorder System

Events and News:

Narcotics Anonymous (NA) is a relaxed group setting for people who want to stay drug free: Support each other, cope with fears, successes, grief, etc; Learn from your own experience, as well as from others; Learning constructive things to do when you are going through hard times. NA groups take place at the Health Department on Tuesday evenings at 6:30 p.m. and Thursday mornings 10:00 a.m.

The Family Anonymous Support Group is aimed to help program participants cope with a loved one's addiction to alcohol or drugs. The group takes place Monday evenings at 6:30 p.m. at the Ionia County Health Department.

Press release and awareness in the community on: *Parenting Awareness Month* and *Second National Drug Take-Back Day* and *Tips for Preventing Prescription Drug and over the Counter Drug Abuse.*

Meetings and Reporting:

- Staff presented Behavioral Risk Factor Survey (BRFS) results Older Adult Workgroup and Great Start Collaborative Board meeting.
- Updated the county Tobacco Vendor list.
- Staff attended the Juvenile Justice meeting and discussed ICSAI services and the School Policies Resource Tool Kit.
- Teen Intervene had 4 individuals participate in the program in the last month.
- Staff attended the MSSAC regional coordinators meeting.
- Meth Town Hall in Pewamo took place for community members.



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